transforming lives through the therapeutic power of horses

RECTREE

April 2020 Newsletter

Dear CTREE Family,

First and foremost, I hope you and your families are safe and healthy as we face these unprecedented times. CTREE has taken all precautions to be safe during this time and we are closed until further notice. Our staff is working remotely for all administrative work and we have postponed all fundraisers (see updated calendar below). Our precious horses are fine and being taken care of by our

instructors. CTREE's services will be so important for our



DISTANCE BETWEEN YOU AND OTHERS AT ALL TIMES

participants once social distancing is lifted. Children and adults with special needs had all their services and support systems stopped abruptly and parents are seeing the results on all levels, cognitively, emotionally and physically. It will take a long time to recover from the lack of services and CTREE will try to do as many lessons as possible to help. We are also working on offering a Horses Heal program to both our parents and medical/military staff as soon as we are able to. We will be so very glad when we can see you all again!!

Be well, be safe.... XO

Karen Bocksel, Managing Director



CTREE participants - look for a special letter from your horse in the mail this week! Volunteers - look for a special email from us in a few days!

FUNDRAISING UPDATE

CTREE's annual Giddy Up 5K has

been moved to Sunday, October 4, 2020. It will now be held at Foster Memorial (Long) Beach in Sag Harbor. We are very excited about our new date and new venue and a huge shout-out to Southampton Town and Sargent Miller of the STPD for helping us find the new day and location!

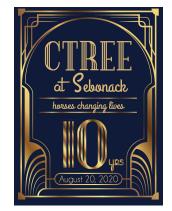
Horses Changing Lives - CTREE at Sebonack benefit is still scheduled for Thursday, August 20th. Sponsor packets will be available soon.

Hermes Raffle

This year we have secured 2 Hermes Evelyn Bags for our Hermes Raffle.

Tickets will be available soon - the winner will be picked at our Horses Changing Lives benefit.





HERMĒS AMERICANA MANHASSET

Volunteers wishing to help with fundraisers please email Karen or Melanie at info@ctreeny.org

VOLUNTEER APPRECIATION

April 20th is Volunteer Appreciation Week!

CTREE would not be able to operate without all our volunteers. Our Program Volunteers - each rider/participant have one to three volunteers assisting them during lessons; our Board of Directors and



Advisory Board whom work all year promoting and guiding our organization to be healthy and financially sound; our Fundraising and Event Volunteers who donate their time to make every aspect of our special events awesome! We celebrate each and every one of you this month - we send you virtual hugs and cannot wait until we can celebrate you in person!! Together, you are the powerhouse behind CTREE!

Meet Our New Student Instructors!

Welcome to our Instructors-in-Training Renee Hirt and Maggie Navin.



Renee and Maggie will be student teaching with us this spring/summer. We are very fortunate to have them training with us - they are great equestrians and have experience working with the special needs' community. Riders and volunteers will be meeting them when lessons resume. As a PATH International Premier Center, CTREE mentors and

trains new instructors who must complete a lengthy 1-2 year training process to become certified. Maggie and Renee are our sixth and seventh instructors to be trained by CTREE.

Upcoming Events

Spring Lessons: None Scheduled - we will let you know if we can

Summer Lessons: Begin June 23

Volunteer Appreciation Celebration: TBD

Family Fun Day: TBD

August 20: Horses Changing Lives Benefit CTREE at Sebonack Our annual benefit returns this year with the theme Horses Heal. For tickets or sponsorships please contact us at 631-779-2835 or info@ctreeny.org.

October 4th: Giddy-Up 5K

Sign up on our website to sponsor, race or volunteer at our sixth annual Giddy Up 5K - held at Foster Memorial (Long) Beach. Awards, medals and Chinese Auction too!

Mose Knows...

Well, you won't recognize me when you see me - I got a full body clip and I'm loving it! I think my volunteers will be so happy to have less hair to brush! Paco and Pumpkin and Rocket are all great. We are back in our outside summer stalls; the grass is getting nice and green and we are enjoying the sunny spring days! Our groom, Isidro, takes care of us as usual and Jill and Karen are seeing to our grooming and health checks. We



are missing all our CTREE participants and volunteers – it is way too quiet at the barn! We are keeping exercised for you so when lessons start, we'll be ready! Mosely





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